

Resources

Books

Kresanek, Dr. Jaroslav (1982). Healing Plants. Bratislava, Czech Republic: Slovart Publishers.

Hutchens, Alma R. (1973). Indian Herballurgy of North America. Boston, Massachusetts: Shambhala Publications.

White, Dr. Linda B & Foster, Steven (2000). The Herbal Drug Store. USA: Rodale Press.

The Editors of Time-Life Books. (1996). The Medical Advisor: The Complete Guide to Alternative & Conventional Treatments. Richmond, VA: Time-Life Inc.

Fleming, Thomas. (1998) Cichorium Intybus. PDR for Herbal Medicines, First Edition. Montvale, NJ: Medical Economics Company Inc.

Duke, Dr. James & Foster, Steven. (2000). Medical Plants and Herbs. New York: Houghton Mifflin Company.

Videos

Edible Wild Plants: Video Field Guide (1988). Jim Meuninck and Dr. James Duke:
<http://www.youtube.com/watch?v=SyzgAK5NBFY&feature=related>

Websites:

University of Maryland Medical Center: <http://www.umm.edu>

Purdue University: <http://www.hort.purdue.edu>

Herbal Remedies Info: <http://www.herbalremediesinfo.com>

Self-Healing Herbs: <http://www.self-healing-herbs.com>

The Healing Journal: <http://thehealingjournal.com>

Natural Medicinal Herbs: <http://www.naturalmedicinalherbs.net>

Herbs 2000: <http://www.herbs2000.com>

Herbs are Special: <http://www.herbsarespecial.com.au>

Live and Feel: <http://www.liveandfeel.com/medicinalplants/celandine.html>

Herbs and Home Remedies: http://herbsandhomeremedies.com/herbs/greater_celandine.php

Evitamins.com: <http://www.evitamins.com/encyclopedia/assets/nutritional-supplement/greater-celandine/how-it-work>

Illinois Wild Flowers: www.illinoiswildflowers.com

Agriculture and Agri-Food Canada: weedinfo.ca

Dig Herbs: <http://www.digherbs.com>

Natural Herbs: <http://www.naturalmedicinalherbs.net>

Learning Herbs: <http://www.learningherbs.com>

Plants for a Future: <http://www.pfaf.org/user/default.aspx>

Innvista: <http://www.innvista.com/health/herbs/marshmal.htm>

Woodland Publishing: http://www.nutracorp.com/educate/article_list.cfm

Natural Pedia: http://www.naturalpedia.com/Joe-pye_weed.html

Andy's Northern Ontario Wildflowers: http://www.ontariowildflower.com/wildflower_waste.htm

Nutrition-Info.com: <http://www.nutrition-info.com/herbs/herbs-chickweed.php>

Herb Companion: <http://www.herbcompanion.com>

Herbal Apothecary: <http://herbalapothecary.co.uk>

Nutrition Data: <http://nutritiondata.self.com>

Other Websites:

<http://nutritiondata.self.com/facts/beverages/4020/2>

<http://www.gaspesielesiles.upa.qc.ca/fhtm/pfnl/en/PFNL%20anglais/1926226-Coltsfoot.pdf>

http://www.altnature.com/gallery/Wild_Carrot.htm

<http://ontariowildflowers.com/mondaygarden/article.php?id=166>

<http://www.kingdomplantae.net/yellowWoodSorrel.php>

<http://www.nutracorp.com/educate/pdf/echinacea.pdf>

<http://www.herbalremedies.com>

<http://www.theepicentre.com/Spices/chicory.html>

<http://www.wildmanstevebrill.com>

<http://www.online-vitamins-guide.com>

<http://www.herbwisdom.com/herb-horsetail.html>

<http://www.vitamins-supplements.org/herbal-supplements/horsetail.php>

<http://www.naturalmedicinalherbs.net/herbs/b/barbarea-vulgaris=yellow-rocket.php>

<http://www.vitamins-supplements.org/herbal-supplements/horsetail.php>

<http://www.gaines.com/store/Herbs/HerbsLibrary/glossary.html#tincture>

[http://www.botanyeveryday.com/Brassicaceae.html?try=1&talk=\[talk\]&blink=05/20/2012t16:27:11](http://www.botanyeveryday.com/Brassicaceae.html?try=1&talk=[talk]&blink=05/20/2012t16:27:11)

<http://health-from-nature.net/Goldenrod.html>

<http://www.powwowwildernesstrips.com/main/wildfacts/goldenrod.html>

<http://nutritiondata.self.com/facts/vegetables-and-vegetable-products/2302/2>

<http://www.nutritionresearchcenter.org/healthnews/alfalfas-nutritional-value/>

<http://www.plantguide.org/alfalfa-plant.html>

<http://medicinalherbinfo.org/herbs/Alfalfa.html>

<http://medicinalherbinfo.org/herbs/Coltsfoot.html>

<http://cattails.wordpress.com/facts/>

<http://nutritiondata.self.com/facts/vegetables-and-vegetable-products/2404/2>

http://bioweb.uwlax.edu/bio203/2011/stiefel_bran/facts.htm

<http://www.wala.de/english/quality/plantlibrary/goldenrod/interestingfacts/>

http://middlepath.com.au/plant/herb-robert_geranium-robertianum.php

<http://www.oardc.ohio-state.edu/weedguide/singlerecord.asp?id=920>

http://www.ecochem.com/t_did_pigweed.html

<http://www.mbc.edu/academics/wildflowerstudy/FreePetal/Chenopodiaceae/Chenopodium.html>

<http://www.dickcontino.com/mullein.htm>

<http://www.vitaminstuff.com/herbs-red-clover.html>

<http://articles.grandmasherbs.com/articles/Medicinal-Herbs/MOTHERWORT-80.html>

<http://www.plantrhythms.com/motherwort.html>

http://www.thegreatphysicianinternational.org/herb_garden_4.html

<http://www.altmd.com/Articles/Motherwort--Encyclopedia-of-Alternative-Medicine> LUPUS

<http://www.asianjtm.com/qikan/manage/wenzhang/AJTM07-2%286%29-6.pdf>